



## Course Information 2017/18

# Wing Chun Kung Fu Beginners





<b>Start Date</b>	21 <sup>st</sup> September 2017
<b>Time</b>	8pm - 9pm
<b>Day of week</b>	Thursday
<b>Number of Weeks</b>	5
<b>School Holiday Dates</b> <b>PLEASE NOTE CLASSES</b> <b>WILL NOT RUN DURING</b> <b>SCHOOL HOLIDAYS &amp; OPEN</b> <b>EVENINGS</b>	Autumn Half Term: 23-27 October 2017 School Open Evening 5 <sup>th</sup> October 2017 Christmas Holiday: 20 Dec 2017 - 4 Jan 2018 Spring Half term: 12-16 February 2018 Easter Holiday: 30 March - 13 April 2018 Summer half Term: 28 May - 1 June 2018
<b>Venue</b>	ELY COLLEGE
<b>Course Fee</b>	£25.00
<b>Concessionary Fee</b>	£19.00
<b>Additional Course Cost (e.g. visits, materials, books, assessment fee, equipment)</b>	No additional costs
<b>Course Level:</b>	Mixed Ability
<b>Any skills or qualifications needed for entry to the class</b>	None
<b>Materials required for first class</b>	Clean - Gym clothes - trainers, tracksuit trousers and a t-shirt.

### **Course description - Including aims & objectives**

The Wing Chun system of Kung Fu is quite simple in comparison to other Kung Fu styles. There is a distinct lack of acrobatic leaps and extreme looping motions. It is a system based on the motions of the human body not on animals. The entire system is very accessible to all abilities, ages and genders.

The aim of this course is to give learners and opportunity to gain a basic understanding of the Wing Chun system, to improve confidence, learn self-defence and improve fitness levels.

Objectives will be measured though observation in sessions and via response to written questions.

<p><b>How Progress &amp; Success will be recorded:</b>  Progress will be recorded through observation during sessions and if appropriate the answering of written assessments.</p>	
<p><b>Any further next steps</b>  This is a beginners session - further classes will have to be discussed and would depend on the abilities in the class.</p>	
<p><b>What else will you need to do</b></p>	<p>We ask all students to complete an enrolment form which asks for details required by the Education &amp; Skills Funding Agency &amp; the county council and is a requirement of entry to the course. We ask for full payment prior to the course beginning. Please note refunds can only be made if a class is cancelled or closed.</p>
<p><b>Safeguarding</b></p>	<p>We have made arrangements to ensure you are safe in our centres. If you feel you are not safe for any reason, for example through verbal or physical abuse or you have been discriminated against tell your tutor or the centre manager. We will investigate and try to resolve the situation</p>
<p><b>What else do we ask of you</b></p>	<p>Please can you let us know if you have any attendance problems and if you are not able to attend the class. We like to know if you have a problem.</p>
<p><b>How do we know if you are happy with your course</b></p>	<p>We will ask you to complete a course evaluation, giving us your feedback on the course, tutor &amp; college. You are always welcome to feedback directly to us at any time during your course. We welcome feedback &amp; comments to help us improve our services &amp; courses.</p>
<p><b>Equalities Statement</b></p> <p><i>"The County Council operates an Equality of Opportunity Policy. We will ensure that resources and equipment are accessible to all and make reasonable adjustments to ensure that all can access activities. If you have any specific needs which might affect your learning you are entitled to a confidential interview where we can look at the support you require. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a learning community based on mutual respect and trust."</i></p>	
<p><b>Please contact us for further information</b>  Tel: 01353 664853  Email: <a href="mailto:community@elycollege.co.uk">community@elycollege.co.uk</a>  Web: <a href="http://www.elycollege.com/community">www.elycollege.com/community</a>  Address: Community Education, Ely College Downham Road, ELY, Cambs CB6 2SH</p> <p> Follow us on Twitter @Elycommedu</p>	
<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;">         Education &amp; Skills        Funding Agency     </div> <div style="text-align: center;">         Cambridgeshire        County Council     </div> <div style="text-align: center;">         European Union        European Social Fund  <small>Investing in jobs and skills</small> </div> </div>	